

PEACE CHANTS

Pa 1

1. **OM Asato Maa Sad-gamaya,**
OM Lead us from the Unreal to the Real
Tamaso Maa Jyotir-gamaya
Lead us from darkness/ignorance to light/illumination
Mrityor-maa Amritang Gamaya
Lead us from death to Immortality

2. **OM Sa-ha naa-va-va-tuu , Sa-ha nau bhuu-nak-tuu, Sa-ha-vir-yam kar-vaa-va-hai!**
OM May we be protected together; may we be nourished together; may we
work together; may we work together with vigor;
Te-jas-wi naa-va-dhii-tam-astu, Maa vid-vishaa-va-haii II [Krishna Yajur Veda]
May our study make us illumined; may there be no dis between us.
Om Shaantih Shaantih Shaantihih II
OM peace, peace, peace.

3. **OM Bha-drang Karne-bhiih Shrii-nu-yaama Devaa**
OM May we, O Gods, hear with our ears what is auspicious.
Bha-drang Pash-ye-maa-aksha-bhir-ya-jat-raah II
May we see with our eyes what is auspicious.
Sthi-rair-angai-stu-sh-thu Van-gum-sas-ta-nuu-bhir-vya-she-ma deva-hitam ya-
daa- yu-huh II [Atharva Veda]
May we enjoy the life allotted to us, by the Gods, with strong limbs and offer
our praise to Him.
OM Shaantih Shaantih Shaantihi II
OM peace, peace, peace.

4. **OM Puurn-am- adah Puurn-am-idang**
All that is invisible is verily the Infinite Brahman
All that is visible is also the Infinite Brahman
Puurn-aat Puurn-am-uuda-cya-te I
The whole Universe has come out of the Infinite Brahman
Puurn-asya Puurn-am-aadaya Puurn-am-eva-ava-shi-shya-te [Shukla Yajur Veda]
Though the whole Universe has come out of Brahman,
yet Brahman remains the same.
OM Shaantih Shaantih Shaantihih
OM peace, peace, peace.

PRANAM MANTRAS

Pg 2

GURU :

**OM Gurubhyo namah, OM parama-gurubhyo namah,
OM paraa-para-gurubhyo namah, OM parameshti-gurubhyo namah**

SHRI RAMAKRISHNA :

**OM Sthaapa-kaaya-cha dharma-sya, sarva-dharma svaruupine
Avataara-varish-thaaya, Raama-krishnaaya te namah**

HOLY MOTHER SARADA DEVI :

**OM jananim Saaradaam deviim, Raama-krishnam jagad-gurum
Paada-padme tayoh sriitvaa, prana-maami muhur-muhuh**

SWAMI VIVEKANANDA :

**OM Namah Shri yati-raajaaya, Vivek-aananda-suuraye
Sat-chit-sukha swarupaaya, swaamine taapa haarine**

GENERAL PRAYERS :

1. **Tvam-eva Maata, cha pitaa- tvam-eva,**
You my true Mother, you my true Father,
Tvam-eva bandhus-cha, sakhaa tvam-eva
You are always with me, you are are my friend
Tvam-eva vidyaa, dravinam tvam-eva,
You my knowing, you my loving (wealth),
Tvam-eva sarvam, mama deva deva
You- are All-in-All, oh God of Gods
2. **Sarve Bhavantu Sukinahah, Sarve Santu Niraamayaahah**
May all be happy, May all be free from disease
Sarve Bhadraani Pashyantu, Maa Kascid Dukha-Bhaag Bhavet
May all realize what is good, May none be subject to misery.
3. **Sarvas-taratu Durgaani, Sarvo Bhadraani Pashyatu**
May all be freed from danger, May all realize what is good
Sarvas-sat-buddhim-aapnotu, Sarvaha Sarvatra Nandatu
May all be actuated by noble thoughts. May all rejoice everywhere.
4. **Durjanah Sajjano Bhuuyaat, Sajjannah Shaantim-aapnu-yat**
May the wicked become virtuous, May the virtuous attain tranquility
Saanto Mucyeta Vandebhyo, Muktas-ca-anyan Vimocayet
May the tranquil be free from bonds. May the freed make others free.

KHANDANA BHAVA BANDHANA (Original Bengali)

Pg 3

Swami Vivekananda

Khan-da-na bha-va-ban-dha-na,
jaga-van-da-na van-di to-maay;
Nir-an-ja-na, na-ra-ruu-pa dha-ra (x2)
Nir-gu-na gu-na-may.

Sam-pa-da ta-va shrii-pa-da,
bha-va-gosh-pa-da-vaa-ri ya-thaay;
Prem-aar-pa-na, sa-ma-da-ra-sha-na (x2)
ja-ga-ja-na-du-kha jaay.

Mo-cha-na a-gha-du-sha-na,
jaga-bhuv-sha-na chid-gha-na-kaay;
Jnaa-naan-ja-na vi-ma-la-na-ya-na (x2)
viik-sha-ne mo-ha jaay.

Na-mo na-mo pra-bhu
vaa-kya-ma-naa-tii-ta (x2)
ma-no-va-cha-nai-kaa-dhaar,
Pra-bhu, ma-no-va-cha-nai kaa-dhaar;
Jyo-ti-ra jyo-ti u-ja-la-hrii-di-kan-da-ra (x2)
tu-mi ta-mo-bhan-ja-na haar;
Pra-bhu, tu-mi ta-mo-bhan-ja-na haar.

Bhaa-swa-ra bhaa-va-saa- gara,
chi-ra-un-ma-da pre-ma-paa-thaar;
Bhak-taar-ja-na-yu-ga-la cha-ra-na (x2)
taa-ra-na-bha-va-paar.

Na-mo na-mo pra-bhu
vaa-kya-ma-naa-tii-ta (x2)
ma-no-va-cha-nai kaa-dhaar;
Pra-bhu, ma-no-va-cha-nai kaa-dhaar;
Jyo-ti-ra jyo-ti u-ja-la-hrii-di-kan-da-ra (x2)
tu-mi ta-mo-bhan-ja-na haar;
Pra-bhu, tu-mi ta-mo-bhan-ja-na haar.

Jriim-bhi-ta-yu-ga-ii-shwa-ra
ja-gad-ii-shwa-ra yo-ga-sa-haay;
Ni-ro-dha-na, sa-maa-hi-ta-ma-na (x2)
ni-ra-khi ta-va krii-paay.

Dhe dhe dhe lan-ga ran-ga bhan-ga,
baa-je an-ga san-ga mri-dan-ga (x2)
Gaa-hi-chhe chan-da bha-ka-ta vrin-da,
aa-ra-ti to-maar (x2);

Bhan-ja-na-duh-kha-gan-ja-na,
ka-ru-naa-gha-na kar-ma-ka-thor;
Praan-aar-pa-na, ja-ga-ta-taa-ra-na (x2)
kriin-ta-na-ka-li-dor.

Ja-ya Ja-ya aa-ra-ti to-maar!
Ha-ra Ha-ra aa-ra-ti to-maar!
Shi-va Shi-va aa-ra-ti to-maar!

Van-cha-na-kaa- ma-kaan-cha-na,
a-ti-nin-di-ta iin-dri-ya-raag;
Tyaa-gii-shwa-ra, he na-ra-va-ra (x2)
de-ha-pa-de a-nu-raag.

(fast)
Nir-bha-ya, ga-ta sang-sha-ya,
drii-dha-nish-cha-ya-maa-na-sa-vaan;
Nish-kaa-ra-na-bha-ka-ta-sha-ra-na (x2)
tyaa-ji jaa-ti-ku-la-maan.

(slow)
Khan-da-na bha-va-ban-dha-na,
ja-ga-van-da-na, van-di to-maay!
Jai Shri Guru Ma-ha-raaj jii ki jai!

KHANDANA BHAVA BANDHANA (English Translation)

Breaker of this world's chains,
 We adore Thee, whom all men love
 Spotless, taking man's form, O purifier,
 Thou art above the gunas three.

How great was Thy sacrifice,
 Freely choosing Thy birth,
 In this prison, our Iron age,
 To unchain us and set us free.

Knowledge Divine, not flesh; Thou whom
 the cosmos wears, A diamond at it's heart.
 Let us look deep in Thine eyes; They are
 bright with the wisdom of God,
 That can wake us from Maya's spell.

Perfect, whom lust could not taint,
 Nor passion nor gold draw near,
 O Master of all who renounce,
 Fill our hearts full of love for Thee.

Let us hold fast to Thy feet,
 Treading the waves of the world to safety.
 Oh, drunk with love, God-drunken lover,
 In Thee all paths of all yogas meet.

Thou hast finished with fear and with doubt,
 Standing firm in the vision of God;
 Refuge to all who have cast,
 fame, fortune and friends away.

Lord of the worlds, Thou art ours,
 Who wert born a child of our time;
 Easy of access to us.

Without question Thou shelterest us, and the
 world's great sea in it's wrath,
 Seems shrunk to the puddle that fills
 a hoof-print in the clay.

O Merciful, if we take any hold upon
 God in our prayer,
 It is by Thy grace alone, Since all Thine
 austerities, were practiced for our sake.

Speech cannot hold Thee, nor mind,
 Yet without Thee we think not nor speak.
 Love, who art partial to none,
 We are equal before Thy sight.

Taker-away of our pain,
 We salute Thee, though we are blind.
 Come to the heart's black cave, and illumine,
 Thou Light of the Light.

SRI RAMAKRISHNA STOTRAM

Pg 5

Swami Vivekananda

OM hrii-ng rii-tang tvam-a-ca-lo gu-na-jit gu-ne-dyah

Nak-tan-divang sa-ka-ru-nang ta-va paa-da-pad-mam

Thou art the Supreme Being indicated by the mystic sounds OM and Hrim.

Thou art the Truth immutable who is beyond the sway of Gunas
yet Thy glory do the Gunas proclaim.

Mo-hang-ka-shang ba-hu-krii-tang na bha-je ya-to'hang

Tas-maat tvam-eva sha-ra-nang ma-ma diina-ban-dho

Day and night I have failed to worship Thy delusion destroying
feet with a longing heart and firm determination.

Therefore, Thou art my sole refuge, O Friend of the lowly and the lost.

Bhak-tir-bha-gas-ca-bha-ja-nang bha-va-bhe-da-kaari

Ga-ccha-ntya-lang su-vi-puu-lang ga-ma-naa-ya tat-tvam

Devotion, aspiration and worship – all breakers of worldly
bondage – are indeed sufficient to take one to the Supreme truth.

Va-ktro'-ddhrii-to'-pi hri-da-ye na ca bhaa-ti kin-cit

Tas-maat tvam-eva sha-ra-nang ma-ma dii-na-ban-dho

While I talk much of these, my heart fails to reflect them even in the least.

Therefore, Thou art my sole refuge, O Friend of the lowly and the lost.

Te-jas-ta-ra-nti ta-ra-sa tva-yi trii-pta-trii-sh-naah

Raa-ge krii-te rii-ta-pa-the tvayi Raama-krii-sh-ne

Those who have found the fulfillment of all their desires in Thee and developed loving
attachment to Thee – O Ramakrishna, the Apostle of truth and righteousness – they
soon overcome the heat of the passions of the heart.

Ma-rtya-a-mrii-tang ta-va pa-dang ma-ra-nor-mi-naa-shang

Tas-maat tvam-eva sha-ra-nang ma-ma dii-na-ban-dho

Thy name is in sooth an immortal drink to Thy devotees, a veritable dispeller of the
waves of death.

Therefore, Thou art my sole refuge, O Friend of the lowly and the lost.

Krii-tyang ka-ro-ti kaluu-shang kuu-ha-ka-anta-kaa-ri

Shnaa-ant-ang shi-vang su-vi-mal-ang ta-va naa-ma naa-tha

Lord, holy and sanctifying is Thy name ending with "sna",

destroying delusion in all and transforming sinners into saints.

Yas-maad-a-hang tv'-a-sha-ra-no ja-gad-e-ka-ga-mya

Tas-maat tvam-eva sha-ra-nang ma-ma dii-na-ba-ndho

I am verily without any other shelter, O Thou, the goal of all the worlds!
Therefore, Thou art my sole refuge, O Friend of the lowly and the lost.

OM sthaa-pa-kaa-ya ca dhar-ma-sya sar-va-dhar-ma-sva-ruupine

Ava-taa-ra-va-ri-sh-thaa-ya Raama-krii-sh-naa-ya te na-ma-ha

O Ramakrishna, founder of religion universal, and the embodiment of all world religions!

To Thee, the noblest of Divine Incarnations, I offer my salutations.

OM na-ma-ha Shrii Bha-ga-va-te Raa-ma-krii-sh-naa-ya na-mo na-ma-ha (x3)

SARVA-MANGALA (In Sanskrit)

(Chandi XI: 10-12, Hymn to Divine Mother)

- (1) **OM, Sarva-mangala-maangalye, Shive, Sarva-aartha-saadhike;
Sharanye, Tryam-bake, Gauri, Naaraayani namostute.**
OM, Mother of blessings: the Mother of goodness, fulfiller of all desires;
Bestowing well-being and protecting. Narayani, we bow to Thee.
- (2) **Srish-ti sthiti-vi-naash-aa-naang; Shakti-bhuute sanaatani;
Guna-aashraye, guna-maye. Naaraayani namostute.**
Eternal energy Supreme: creates, supports, and re-absorbs:
The ground of existence and it's substance. Narayani, we bow to Thee.
- (3) **Shara-naa-gata-dinaarta-paritraana paraa-yane;
Sarvas-yaarti-hare devi. Naaraayani namostute.**
You're the shelter of all refugees. You're their Goddess. You're ever-
compassionate.
You're the savior from all misery. Narayani, we bow to Thee.
Jaya Naaraayani namostute. Jaya Naaraayani namostute.
Jaya Naaraayani namostute. Jaya Naaraayani namostute.
Hail to Na-ra-yani, we bow to Thee. Hail to Na-ra-yani, we bow to Thee.
Hail to Na-ra-yani, we bow to Thee. Hail to Na-ra-yani, we bow to Thee.

JAI SRI GURU

Jai Sri Guru Mahaaraaj jii ki Jai! (Sri Ramakrishna)

Jai Mahaa Maayi ki Jai! (Sri Sarada Devi)

Jai Swaamiji Mahaaraaj jii ki Jai! (Swami Vivekananda)

Jai Gangaa Maayi ki Jai! (Holy Mother Ganga)



RAMAKRISHNA SHARANAM

Raama-krishna Shara-nam, Raama-krishna Shara-nam, Raama-krishna Shara-nam,
Sha-ran-nye

Kripaa hi kevalam, Kripaa hi kevalam, Kripaa hi kevalam, Sha-ran-nye

Prabhu, Kripaa hi kevalam, Kripaa hi kevalam, Kripaa hi kevalam, Sha-ran-nye

Raama-krishna Shara-nam, Raama-krishna Shara-nam, Raama-krishna Shara-nam,
Sha-ran-nye

Sha-ra-naa-ga-to-ham, Sha-ra-naa-ga-to-ham, Sha-ra-naa-ga-to-ham, Sha-ran-nye

Sha-ra-naa-ga-to-ham, Sha-ra-naa-ga-to-ham, Sha-ra-naa-ga-to-ham, Sha-ran-nye

Raama-krishna Shara-nam, Raama-krishna Shara-nam, Raama-krishna Shara-nam,
Sha-ran-nye

Namah Shri-Gura-ve, Namah Shri-Gura-ve, Namah Shri-Gura-ve, Namoh Namah

Namah Shri-Gura-ve, Namah Shri-Gura-ve, Namah Shri-Gura-ve, Namoh Namah

Raama-krishna Shara-nam, Raama-krishna Shara-nam, Raama-krishna Shara-nam,
Sha-ran-nye

Raama-krishna, Raama-krishna, jayaa jayaa Raama-krishna x 7

Raama-krishna Shara-nam, Raama-krishna Shara-nam, Raama-krishna Shara-nam,
Sha-ran-nye.



SARADE O SARADE

Saa-ra-de, Oh- Saa-ra-de, vigh-na vi-naa-shi-ni Saa-ra-de (2)

Oh, Sarada, Thou art the remover of all obstacles.

Saa-ra-de, Oh- Saa-ra-de, Brah-ma sa-naa-ta-ni Saa-ra-de (2)

Oh, Sarada, Oh, Mother, Thou art the eternal Brahman.

Pre-ma swa-ru-pi-ni Saa-ra-de, pa-ti-ta paa-va-ni Saa-ra-de (2)

Thou art the embodiment of Divine Love, Thou art the purifier of the fallen.

Brah-ma sa-naa-ta-ni Saa-ra-de, vigh-na vi-naa-shi-ni Saa-ra-de (2)

Thou art Shakti, Thou art Brahman, Thou art the destroyer of all obstacles.

Saa-ra-de, Oh- Saa-ra-de, vigh-na vi-naa-shi-ni Saa-ra-de

Oh, Mother Sarada, you who destroys all obstacles.

Ka-ru-naa ru-pi-ni Saa-ra-de, namo Naa-raa-ya-ni Saa-ra-de (2)

You are the embodiment of compassion. Salutations to Sarada, the Divine Mother.

Brah-ma sa-naa-ta-ni Saa-ra-de, vigh-na vi-naa-shi-ni Saa-ra-de (2)

The embodiment of the power of Brahman and the destroyer of all obstacles.